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UMN Morris Makes Healthy Foods Accessible

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UMN Morris Makes Healthy Foods Accessible

The University of Minnesota Morris coordinated a Foodber that will connect students directly to the local Stevens County Food Shelf. The new program is designed to support student success and advance learning by providing resources found within the community.

Easy Access to Healthy Foods

Foodber, a local food-hailing university van, is part of UMN Morris's efforts to provide students with access to healthy food and reduce the risk of food insecurity.

Having already had a successful partnership with the Steven County Food Shelf, Foodber sought to make trips to the pantry even more accessible and comfortable for students.

"While food insecurity is often thought of as being an unavoidable part of college life, we know that not having adequate access to fresh and healthy food can have a large negative impact on things such as academic performance, physical health, and mental and emotional wellbeing," says Adrienne Conley, assistant director for student life and coordinator for LGBTQIA2S+ programs. "That being the case, anything we can do to help alleviate or lessen that impact helps our students in terms of their personal wellbeing and their success in college.

Foodber volunteers will not only pick up and drop off students, but also help them fill out any necessary paperwork needed to access the pantry. The program began late last semester.

Conley says the university plans to continue to provide planned trips to the food shelf.

"We have great resources in our community. It is important to help connect our students to these existing resources that they may not be aware of."

Learn More

To learn more or arrange an individual visit or walk-through, contact Adrienne Conley at 320-589-6409 or amconley@morris.umn.edu.