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Tinman Triathlon is afoot

Summary: UMM will host its 23rd annual Tinman Triathlon on Saturday, April 29. Men and women of all ages are encouraged to take part in this event, either as individuals or in teams.

(April 12, 2006)-The University of Minnesota, Morris will host its 23rd annual Tinman Triathlon on Saturday, April 29. Men and women of all ages are encouraged to take part in this event, either as individuals or in teams.

The triathlon will consist of a 1100-yard swim in an eight-lane competition pool, a 19 mile bike ride on gently rolling hills and a blacktopped surface and a 6.2-mile run along a bike path which goes by the lake in Pomme de Terre Park. During the bike section of the triathlon, all cyclists must observe Minnesota traffic laws and wear ANSI- or SNELL-approved hard-shelled helmets.

The triathlon begins at the Regional Fitness Center and ends near the Student Center, both on the UMM campus. Pool warm-up begins at 8 a.m. and the first heat begins at 9 a.m. All participants will receive a T-shirt, and refreshments will be available during and after the race.

Non-refundable registration fees are \$25 for individuals, \$50 for teams, \$15 for individual UMM students and \$35 for team UMM students. These fees apply for those who register by April 10. Registration and additional information is available by calling the Student Activities Office at 320-589-6080, at www.active.com or at the [Tinman](#) Web site.

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