

University of Minnesota Morris Digital Well

University of Minnesota Morris Digital Well

Campus News Archive

Campus News, Newsletters, and Events

6-9-2006

Mendez receives Honor Athlete Award

University Relations

Follow this and additional works at: https://digitalcommons.morris.umn.edu/urel_news

Recommended Citation

University Relations, "Mendez receives Honor Athlete Award" (2006). *Campus News Archive*. 1832.
https://digitalcommons.morris.umn.edu/urel_news/1832

This News Article is brought to you for free and open access by the Campus News, Newsletters, and Events at University of Minnesota Morris Digital Well. It has been accepted for inclusion in Campus News Archive by an authorized administrator of University of Minnesota Morris Digital Well. For more information, please contact skulann@morris.umn.edu.

Contact

Melissa Weber, Director of Communications
Phone: 320-589-6414, weberm@morris.umn.edu

Jenna Ray, Editor/Writer
Phone: 320-589-6068, jrray@morris.umn.edu

Mendez receives Honor Athlete Award

Summary: Track and cross country athlete Alicia Mendez '06, Milwaukee, Wis., is recognized for academic and athletic achievement during her University of Minnesota, Morris career.

(June 9, 2006)-Alicia Mendez '06, Milwaukee, Wis., an English major with secondary education licensure, received the 2006 Women's Honor Athlete Award recognizing academic and athletic achievement.

She was named UMAC academic all-conference four times, received all-conference honors in track twice, holds the UMM record in cross country for the six kilometer, holds the UMM indoor record for the 4 x 800 and distance medley relay teams, was top cross country runner for three years and cross country team captain in 2005.

"I love cross country because it's a tension releaser, because of good friends, and because the motivation is great," said Mendez.

In addition to her memorable athletic experiences, Mendez shared that her seventh grade student teaching experience in El Paso, Texas, was also fulfilling: "Just being in a completely different setting and having to use skills I've learned at UMM increased my personal growth," she shared.

UMM was just what Mendez was looking for in a college: "I mapped out what I wanted in a college and UMM was appealing because it matched rigorous academic class settings with the opportunity to participate in many different organizations and clubs."

Mendez will be returning to El Paso to work for master's commission.

Through personal and academic discovery, the University of Minnesota, Morris provides opportunities for students to grow intellectually, engage in community, experience environmental stewardship and celebrate diversity. A renewable and sustainable educational experience, Morris prepares graduates for careers, for advanced degrees, for lifelong learning, for work world flexibility in the future, and for global citizenship. Learn more about Morris at morris.umn.edu or call 888-866-3382.