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What's in your future?

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What's in your future?

Summary:

(October 20, 2004)-by Emily Elsner, UMM student and administrative assistant, the Center for Small Towns

Today three-fourths of older adults remain active and independent well into their 80s. There are multiple generations of older adults who are volunteering, starting their own business, helping their children, teaching and taking classes, caring for friends and neighbors, and getting the community's work done. What does this mean for us as individuals and communities? Come join in this discussion at an exciting event called the "Futures Festival: Opportunities, Challenges and Strategies for Older Adults and Communities". The Futures Festival will bring people together from 14 counties in western Minnesota to explore positive aspects of aging, envision a healthy future, and make connections between people and resources. This is a free, multi-generational event, for older adults, their advocates and all others interested. It will be held on November 12, 2004 from 8:30 am to noon in the Student Center on the University of Minnesota, Morris campus.

The Futures Festival will feature engaging discussions and intergenerational exercises relevant to vital aging from both individual and community perspectives in a festive atmosphere. Lively piano music, snacks and beverages, and resource information will be provided.

Please RSVP by calling the University of Minnesota Extension Service Regional Center in Morris at (320-589-1711) or (1-888-241-4532). Handicapped parking is available at the Student Center with free parking in the North Lot. Signs and volunteers will provide direction and assistance. For maps and more information please visit the Center for Small Towns website at www.centerforsmalltowns.org.

This event is co-sponsored by the Center for Small Towns at the University of Minnesota, Morris and the University of Minnesota Extension Service, Regional Center - Morris. Additional support, encouragement and funding come from the University of Minnesota Osher Lifelong Learning Institute, College of Continuing Education and the Bernard Osher Foundation.

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