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9-28-2005

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University Relations, "Workshop on "Cluster B Personality Disorders" at UMM" (2005). *Campus News Archive*. 2148.

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Workshop on "Cluster B Personality Disorders" at UMM

Summary:

(September 28, 2005)-The diagnosis and treatment of "Cluster B Personality Disorders Using DBT Therapy" is the subject of the next human services workshop on Tuesday, Oct. 18, at the University of Minnesota, Morris. The event will be held from 9 a.m.-4 p.m. in the Student Center.

The workshop will provide a working understanding of how Cluster B Personality Disorders present in clinical settings and the diagnostic criteria for each. In addition, participants will learn how to make a treatment plan for these disorders using DBT Theory (Dialectic Behavior Therapy) and behavioral skills.

Workshop presenters are Mary Kay May and Carol Merriman, both Clinical Program specialists and supervisors with the St. Cloud area Recovery Plus QP Residential Treatment program and Mental Health Clinic. May and Merriman have both had intensive training using Marsha Linehan's "Dialectical Behavior Therapy," as well as extensive experience using DBT therapy in a variety of clinical and program settings. The workshop is designed for human service professionals and clinicians who work with populations affected with Cluster B Personality Disorders.

The workshop carries six Continuing Education Continuing Education Units (CEUs). Cost for the program is \$80, which includes all materials, CEUs, lunch, and refreshment breaks.

For more information or to register for "Cluster B Personality Disorder," contact the Office of Continuing Education, University of Minnesota, Morris at (800) 842-0030 (320) 589-6450. Registration is requested by October 10. Conference information is also available at: http://www.mrs.umn.edu/cerp/conferences/human_services/

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