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**Tinman Triathlon coming April 28**

*Summary: The annual Tinman Triathlon will be held on Saturday, April 28, starting at 9 a.m. with the first heat in the Regional Fitness Center pool.*

(April 16, 2007)-The annual Tinman Triathlon will be held on Saturday, April 28, starting at 9 a.m. with the first heat in the Regional Fitness Center pool. The Tinman Triathlon is an annual University of Minnesota, Morris event that was started in 1983. The Tinman is considered a mini-triathlon due to the lengths of the swim, bike and run events.

The public is invited to participate either individually or as a team. Prizes will be awarded for the top finishers in six different age groups: 13-18, 19-25, 26-35, 36-45, 46-55 and 56+.

Corey Phelps, coordinator of UMM Intramural Athletics and director of the Tinman Triathlon, encourages participation because "it's a fun way to compete by yourself or with friends."

All participants will receive a free T-shirt. To register, visit the Tinman Web site at: [Tinman](#), or pick up a registration form in the Office of Student Activities in the Student Center or at the Regional Fitness Center front desk. Participants can register between 7 a.m. and 8:45 a.m. in the Regional Fitness Center on the day of the event.

Individual entries postmarked before April 20 will cost \$30 after April 20, cost is \$35. Team entries marked before April 20 will cost \$55 after April 20, \$60. UMM students receive a discount and individual entry sent in before April 20 will cost \$20 after April 20, \$25. Teams of UMM students that register before April 20 will pay \$40 after April 20, \$45.

Alumni participants are invited to a Tinman pre-race reception hosted by the UMM Alumni Association on Friday, April 27, at LaFave House near the campus. Complimentary refreshments will be served. To RSVP, which is not necessary but recommended, visit the Tinman Web site: [Tinman](#) Alumni and friends to date who plan to attend the pre-race reception are: Angie Bos '01, Nate LaCoursiere '02, Jennifer Zych Herrmann '00, Stephen Jason LaPlant '01, Alisha Reyes '02, Nora Sandstad '01, Tara Schmidt '05, Bas van Doorn and Leslie Zenk.

To volunteer and receive a free T-shirt contact Corey Phelps at [Corey Phelps](#) or (320) 589-6167.

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