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Contact

Melissa Weber, Director of Communications
Phone: 320-589-6414, weberm@morris.umn.edu

Jenna Ray, Editor/Writer
Phone: 320-589-6068, jrray@morris.umn.edu

Pride of the Prairie Farmer's Market and Fall Feast

Summary: The University of Minnesota, Morris presents the Sixth Annual Pride of the Prairie Local Foods Farmers' Market and Fall Feast on Tuesday, Oct. 14. The Farmer's Market will take place from 1 to 4:30 p.m. in Oyate Hall of the UMM Student Center. A local foods meal will follow at 4:45 p.m. in the Food Service building.

(October 9, 2008)-The University of Minnesota, Morris presents the Sixth Annual Pride of the Prairie Local Foods Farmers' Market and Fall Feast on Tuesday, Oct. 14. The Farmer's Market will take place from 1 to 4:30 p.m. in Oyate Hall of the UMM Student Center. A local foods meal will follow at 4:45 p.m. in the Food Service building.

The Farmer's Market is the place to purchase a variety of foods and other products from local farmers and to find out more information about the organizations that help improve the availability of local foods in the community. The first 200 shoppers will receive a free canvas bag. Purchase squash, apples, cheese, meats, and honey, as well as flowers, lentils and flax.

The Pride of the Prairie Fall Feast is also open to the public. Sodexo Campus Services' Executive Chef Chris Serio creates a seasonal menu celebrating the harvest bounty and highlighting the foods from farms, most within 70 miles of campus, in the Upper Minnesota River Valley and Minnesota.

The menu consists of Apple Walnut and Wild Rice Salad, Marinated Black Eyed Pea Salad, Cabbage Tomato Slaw, Whole Grain Southern Style Cornbread with Honey, Buffalo Stew, Roast Pork with Red Cabbage and Apples, Yukon Gold Whipped Potatoes, Strawberry Shortcake Bar, as well as Stony Creek Dairy Milk and Pepin Heights Apple Cider. Guests will have the opportunity to learn more about the locally grown food while enjoying music from local musicians.

Tickets are available at the door or in the Student Center lobby on weekdays from 10 a.m. to 2 p.m. Adult tickets are \$10, UMM students who live off campus and children's tickets are \$6 children under five eat free.

The Pride of the Prairie Fall Feast is made possible thanks to the University of Minnesota, Morris Foodies, UMM's Service Learning Program, MPIRG (Minnesota Public Interest Research Group), Pomme de Terre Food Coop, Prairie Renaissance Cultural Alliance, West Central Regional Sustainable Development Partnership, Land Stewardship Project, Sustainable Farming Association and Minnesota's farmers.

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