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Tinman Triathlon registration open

Summary: Plans are underway for the 25th annual Tinman Triathlon, to be held on Saturday, April 25, at the University of Minnesota, Morris. Registration is now open for teams and individual entries.

(February 26, 2009)-By Ruth Hamberg '09 -- Though the snow is still on the ground, plans are already underway for the 25th annual Tinman Triathlon, to be held on Saturday, April 25, at the University of Minnesota, Morris. Registration is now open for teams and individual entries.

The triathlon features an 1100-yard swim in an eight-lane competition pool, a 19-mile bike ride through Minnesota's rolling prairie and a 6.2-mile run through scenic Pomme de Terre Park. The competition begins and ends at the Morris campus. All participants and volunteers receive T-shirts.

Morris campus Intramural Coordinator and Head Women's Volleyball Coach Chad Braegelmann is looking forward to the event, citing its focus on healthy lifestyles and the opportunity to bring together people with a common goal. Braegelmann, in his first year as the event's coordinator, anticipates 50 to one hundred visitors from as far away as Colorado and Florida.

Members of the off-campus community, as well as those on campus, will make the triathlon a special event. "Almost all of our volunteers are University of Minnesota, Morris students, faculty and staff," said Braegelmann. "I remember volunteering when I was a student here." More information about volunteer opportunities will be available after the campus' Spring Break (March 16-20).

Non-refundable registration fees are \$25 for an individual, \$50 for a team, \$15 for a UMM student and \$35 for a campus student team. Fees increase for registration after April 3. Men and women of all ages and abilities are encouraged to compete.

Last year's triathlon was canceled because of inclement weather. This year, joked Braegelmann, "The Tinman coordinators are promising good weather."

Visit [Tinman](#) to register (online registration available), e-mail Chad Braegelmann or call (320) 589-6167 for more information.

In preparation for the event, the UMM Alumni Association will host a carbo-loaded dinner on Friday, April 24, for alumni, friends and their families who plan to participate in the triathlon. A spaghetti dinner will be served from 5 to 7 p.m. at LaFave House, 305 College Avenue, in Morris.

For more information and to RSVP, e-mail [href="mailto:schellin@morris.umn.edu">Erin](mailto:schellin@morris.umn.edu) in Alumni Relations and Annual Giving, call (320) 589-6067 or visit [Alumni Relations](#).

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