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### UMAC Track and Field awards

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**UMAC Track and Field awards**

*Summary: The Upper Midwest Athletic Conference has released the names of the Women's and Men's All-Conference selections as well as Coaches of the Year.*

(May 6, 2009)-The Upper Midwest Athletic Conference (UMAC) office has released the names of the Track and Field All-Conference selections which contain 12 Cougars.

**Women's All-Conference selections:**

Allie Betsch (Sr., New Ulm, Minn.)  
Megan Croatt (Jr., Bellingham, Minn.)  
Sara Erickson (So., Ham Lake, Minn.)  
Leah Parker (Fr., Minnetonka, Minn.)  
Rachel Plaetz (So., Lucan, Minn.)  
Katie Schneiderman (So., Magnolia, Minn.)

**Men's All-Conference selections:**

Doug Armstrong (Jr., Breezy Point, Minn.)  
Kelsey Duerr (Jr., Blaine, Minn.)  
Patrick O'Connor (So., Ham Lake, Minn.)  
Andrew Rehmann (So., Roseville, Minn.)  
Luke Toso (Fr., Falcon Heights, Minn.)  
Joe Weber (So., Roseville, Minn.)

The Women's Coach of the Year is Morris' Jeremy Karger-Gatzow.

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