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Free October Community Meal to Feature Native American Fare

Summary: Community and campus volunteers will prepare and serve the Morris Community Meal on Monday, October 22, at 5:30 p.m. at Faith Lutheran Church. This month's meal will feature Native American-themed dishes.

(October 10, 2012)-Highlighting Native American-themed dishes, the next Morris Community Meal will be held on Monday, October 22, at 5:30 p.m. at the Faith Lutheran Church. All are welcome to attend the meal, which is free and open to the public.

Community Meal serves warm, made-from-scratch meals to members of the Stevens County community each month. This month, volunteers will collaborate with Morris Healthy Eating, an organization dedicated to making fresh fruits, vegetables, and other healthy foods more easily available and accessible on the University of Minnesota, Morris campus, in Morris, and throughout Stevens County. Gluten-free, vegan, and vegetarian food options are always available, as are child-friendly options. Meals are served from 5:30 until 7 p.m. one Monday each month while the University is in session. The Faith Lutheran Church is located at 108 West 8th Street, Morris, MN 56267.

Since its inception in January 2009, Community Meal has established a reputation for providing delicious menus and warm, welcoming atmospheres. The project is a valued event in the community—providing free meals to hundreds of Stevens County residents while opening community space to build bridges and strengthen existing connections. By serving the meal, sponsors hope to initiate new connections among community members and to provide a warm meal to those who may not always be afforded one.

Support for Community Meal is provided by a broad coalition of local businesses and organizations. This fall, the collaborating and sponsoring organizations include Pomme de Terre Food Co-op, Willie's Supervalu, Faith Lutheran Church, Morris Area High School, Morris Area Chamber of Commerce, Conway, Deuth & Schmiesing, and Morris Healthy Eating as well as the University of Minnesota, Morris International Student Association, International Student Programs Office, and Office of Community Engagement.

Organizers are looking for businesses and community organizations that would like to serve as meal sponsors next year and for volunteers to help cook. Volunteers looking to help with the meal are welcome to come to Faith Lutheran Church between 2 and 5 p.m. on the day of the event, or from 2 to 9 p.m. on the preceding Sunday night. To get involved as a sponsor or volunteer, [email](#) the Office of Community Engagement or call 320-589-6276.

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