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Trauma Informed E-Newsletter: Issue 1

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Trauma Informed

Monthly E-Newsletter on Trauma Informed Practices for Faculty & Staff

6 GUIDING PRINCIPLES TO A TRAUMA-INFORMED APPROACH

The CDC's Office of Public Health Preparedness and Response (OPHPR), in collaboration with SAMHSA's National Center for Trauma-Informed Care (NCTIC), developed and led a new training for OPHPR employees about the role of trauma-informed care during public health emergencies. The training aimed to increase responder awareness of the impact that trauma can have in the communities where they work. Participants learned SAMHSA'S six principles that guide a trauma-informed approach, including:



Adopting a trauma-informed approach is not accomplished through any single particular technique or checklist. It requires constant attention, caring awareness, sensitivity, and possibly a cultural change at an organizational level. On-going internal organizational assessment and quality improvement, as well as engagement with community stakeholders, will help to imbed this approach which can be augmented with organizational development and practice improvement. The training provided by OPHPR and NCTIC was the first step for CDC to view emergency preparedness and response through a trauma-informed lens.

CDC Guiding Principles

TRAUMA INFORMED INSIDE THIS ISSUE:

- CDC Guiding Principles
- What does Trauma Informed Teaching Look Like?
- Historical and Generational Trauma: Significance and Response

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From University of MN Extension: HISTORICAL TRAUMA AND CULTURAL HEALING Lecture List – Historical Trauma & Microaggressions:

Elder Atum Azzahir, BraVada
GarrettAkinsanya, Jessica Gourneau, &
Melissa Walls

The four speakers discuss their personal experiences and understandings of historical trauma in African American and American Indian contexts.

<https://www.youtube.com/watch?v=UkRTuWraVJw>

<https://www.youtube.com/watch?v=zvyQe4bnPu8>



ARTICLE: What Does Trauma Informed Teaching Look like?

Teaching-and-learning experts give you insights on what works in the classroom. Teaching is written by Beth McMurtrie and Beckie Supiano.

https://www.chronicle.com/article/What-Does-Trauma-Informed/248917?utm_source=pm&utm_medium=en&utm_source=Iterable&utm_medium=email&utm_campaign=campaign_1266075&cid=pm&source=ams&sourceId=3833827
